

SEFFILLER®

INFORMED CONSENT

Tissue regenerative treatment with autografting of adipose tissue containing vascular stromal fraction (SVF) and adipose derived mesenchymal stem cells (ADSCs)

A. GENERAL INFORMATION

The **SEFFILLER**[®] technique originates from the SEFFI technique (Superficial Enhanced Fluid Fat Injection). This very delicate medical-aesthetic treatment aims to **regenerate the skin**, the subcutaneous and mucosal tissues using the most natural, compatible and safe existing substance: the cells of your body, i.e. the stromal vascular fraction (SVF) and the mesenchymal stem cells (ADSCs) present in your adipose tissue.

This treatment can improve the looks of your skin and the nourishment of subcutaneous and mucosal tissues thanks to the regenerative action of the grafted cells.

This technique is used in particular in the facial region to improve the appearance and tone of the skin and mucous membranes and can also be used in other parts of the body with the same goal. This method can be associated with other medical procedures such as fillers, traction threads, needling, laser, peeling, botulinum toxin, etc. This **autologous tissue graft** first involves a modest harvesting of adipose tissue from one area of the body through a small cannula connected to a syringe, and subsequently the implantation of this tissue, by means of injections, into the face (or other areas of the body) to regenerate tissues.

The regenerative treatment can be performed under **local anesthesia** and it lasts about 40 minutes. The grafted cells will follow their normal life cycle so, in order to maintain, prolong and support the regenerative action, you will be advised to repeat the treatment over 12, 6 or 4 months, depending on your general conditions.

B. BEFORE THE TREATMENT

- Report to your doctor any ongoing drug therapies, any previous or current illnesses;
- report to your doctor any allergies to drugs or food;
- report to the doctor previous material implants in the areas to be treated if any;
- in the previous days, carefully treat the skin of the region to be treated, keeping it nourished and hydrated with appropriate cosmetic products;
- report to the doctor any relevant pathologies and in particular the conditions listed below, which are to be considered as absolute contraindications to the treatment:
 - ongoing infections in the area of collection or grafting,
 - presence of neoplasias in the area of collection or grafting,
 - pregnancy or breastfeeding,
 - O current anticoagulant therapies or severe clotting disorder,
 - allergies to local anesthetic,
 - O dysmorphophobia,
 - ongoing immunosuppressive therapies,
 - severe physical debilitation.

C. ON THE DAY OF THE TREATMENT

- Eat light and digestible food;
- Fast 3 hours before treatment.

D. AFTER THE TREATMENT

- Rest for a few hours, with abstention from any medium-high intensity physical activity;
- strictly follow the drug therapy if prescribed;
- DO NOT remove dressings;
- do not expose yourself to the sun or tanning lamps for at least 7 days after treatment;
- carry out the checks recommended by the doctor;
- a moderate bleeding, evidenced by small spots of blood on the dressing at the harvesting point, is to be considered normal for the first 12 hours;
- for any doubt or problem, contact your doctor immediately.



E. COMPLICATIONS

Complications arising from autologous grafting of adipose tissue are extremely rare. However, given the type of medical treatment, the risks and potential complications that must be considered are: hematoma, ecchymosis, infection, fibrous edema, hyper- or hypopigmentation of the skin, skin irregularity in the harvesting and grafting areas, asymmetries, oily cysts, embolism, allergic reactions.

For any need, doubt or desire for clarification do not hesitate to contact us at the following telephone numbers:

F. DECLARATIONS OF THE PATIENT

| I, THE UNDERSIGNED | | | |
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| BORN ON | | | |
| aims (as per point a.) declare that I have been full expressly declare I am (as per point b.) have been fully informed at am aware that the doctor be necessary in a variable have been fully informed at believe that the description evaluate the contents and sary time to take my decision | informed about the type of treatment a ully informed that the treatment will take a / \Box I am not in one of the conditions about the possible risks associated with or cannot guarantee the achievement number based on my reaction to the treat about the conduct to be taken before, dur n of the above has taken place in a clear to ask any questions was appropriate. I sions serenely y of REVOCATING this consent at any time | place under local anesthesia (a s indicated as absolute contra- the treatment (as per point e.) of the result I hoped for, and atment (as per point a) ring and after the treatment (refe and understandable way and I am satisfied with the answers I | s per point a.) indications to the treatment that further sessions may erred to in points b., c. and d.) consider the time allowed to |
| DAT | E AND PLACE | | |
| SIGNATURE OF THE PA | TIENT / LEGAL REPRESENTATIVE | STAMP AND SIGNATURE (| OF THE DOCTOR |
| | PLACE HERE THE ADHESIVE LABEL USED IN THE PROC | | |
| | SIGNATURE IN CASE OF CON | SENT WITHDRAWAL | |